

PAL Briefing for P1/ P2 Parents

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What is PAL?



Ministry of Education
SINGAPORE

Programme for **A**ctive **L**earning



PAL Objectives

- Provides pupils broad exposure to the 4 PAL domains
- Nurtures pupils in the 3Cs and social-emotional competencies

PAL Learning Outcomes

- Nurturing the 3Cs:
Confidence, Curiosity and Cooperation Skills in pupils

5 PAL Learning Characteristics

- 1 Experiential in nature
- 2 Encompasses learning in a creative way
- 3 Provides opportunities for children to create
- 4 Incorporates values and social-emotional learning
- 5 Fun and enjoyable

PERFORMING ARTS

OUTDOOR EDUCATION

SPORTS AND GAMES

5 Key Practices of the PAL Teacher

- 1 Models curiosity and expresses joy in learning
- 2 Uses varied and engaging pedagogies to facilitate creative and hands-on learning
- 3 Allows pupils' inquiry and interest to drive the direction of learning during lessons
- 4 Facilitates pupils' learning with open-ended questions that prompt sharing and reflection
- 5 Creates a learning environment that welcomes play, exploration and teamwork

VISUAL ARTS

Useful links to PAL resources on OPAL: <http://subjects.opal.moe.edu.sg/pal>

Programme for Active Learning

PAL Video

To find an overview on what PAL is about,
kindly click on the link below to find out.

[https://www.youtube.com/watch?
v=eSCrggjVZVM](https://www.youtube.com/watch?v=eSCrggjVZVM)



The PERI* recommendations aim to equip our children **with skills and values**, so that they grow up to be **confident team players & independent learners**.

*PERI - Primary Education Review and Implementation (2009)

- To provide broad exposure to Sports and Outdoor Education, Performing Arts and Visual Arts for all P1 and P2 pupils.
- To balance the acquisition of knowledge with the development of skills and values

Broad exposure in 2 areas:

1. Sports and Games & Outdoor Education
2. Visual Arts & Performing Arts

PAL@Rosyth

PAL Modules are:

- experiential in nature
- incorporate learning in a creative, fun, and enjoyable way

- Conducted within curriculum time on 1 day per week.
- Time: 2 hours per week (4 periods)

- Form teachers of the P1 and P2 classes conducting PAL will inform the pupils should they need to bring any specific items

Modules for P₁

| | |
|-----------------|-------------------|
| Module 1 | Outdoor Education |
| Module 2 | Sports & Games |
| Module 3 | Visual Arts |

Modules for P2

Module 1

Performing Arts
(Dance)

Module 2

Sports & Games

Module 3

Performing Arts
(Music)

THANK YOU

