

Character and Citizenship Education (CCE)



CCE Goals

We aim to develop in our Rosythians

Good Character

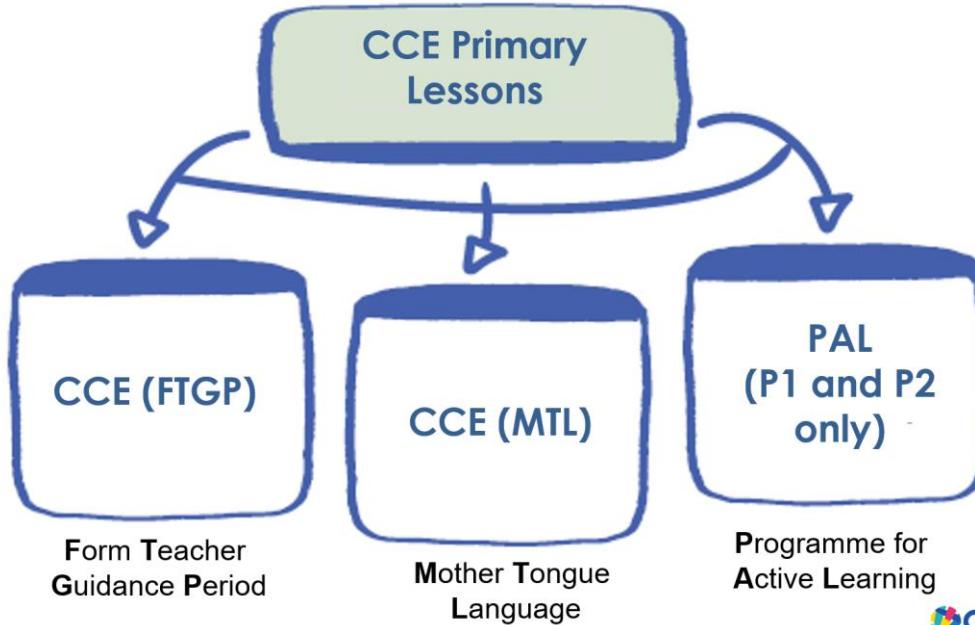


Active Citizenship

Resilience and
Social Emotional Well-Being

Future Readiness

CCE Lessons



Nurturing Character and SEL Through Age-Appropriate Learning

At a young age, the acquisition of **social-emotional competencies** and the **motivation to learn** are critical in the development of every child.

Social-emotional learning (SEL) supports the development of skills to manage oneself, build healthy relationships and make responsible decisions.

Social-Emotional Competencies

Self-Awareness

Self-Management

Responsible Decision-Making

Social Awareness

Relationship Management

Growing Motivation To Learn

Research has shown that students who are **motivated to learn** tend to display –

- **greater enjoyment of school**
- **more positive coping**
- **heightened engagement**
- **better performance**
- **less dropping out**
- **higher quality learning**
- **greater psychological wellbeing**

(Ciani et al., 2011; La Guardia, 2009; Vansteenkiste et al., 2010)

Developing Resilience through a Growth Mindset

'Growth Mindset' is a key aspect covered during the CCE lessons to develop resilience in our Rosythians.

Our Approach

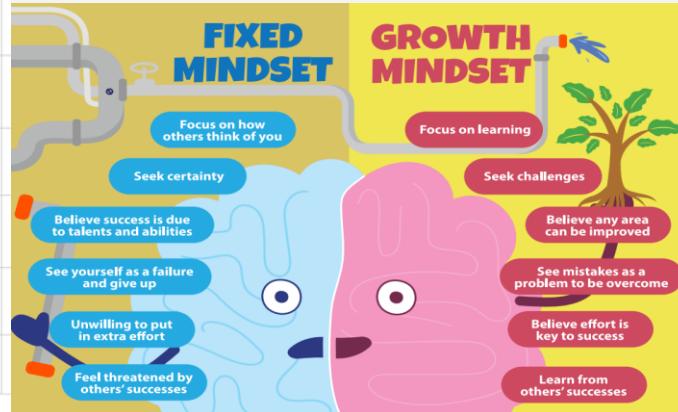
Introduce It, Notice It, Model It, Practise It

A belief that one's abilities can be developed through dedication and effort. It creates a desire to learn and therefore a tendency to embrace challenges; persist in the face of setbacks; see effort as the path to master; learn from criticism; and find lessons and inspiration in the success of others.

Dwek, 2006



Introduce It



Developing Resilience through a Growth Mindset

01. IS self-motivated
02. Learns from failure and remains hopeful
03. Finds alternative solutions
04. Seeks help from others
05. Manages difficult situations calmly
06. IS open to new experiences

Growth Mindset Challenge: Partnering Our Parents

✓ Model It

✓ Practicse It



To reinforce Growth Mindset learning, your child will take on 15 challenges in Primary 1.

When? Term 3 (Semester 2)

We seek your partnership in guiding your child through the challenges and helping them apply their learning through observable Growth Mindset behaviours.

CCE Lessons: Partnering Families in Character Education

Explicit content and Family Time Activities in CCE Lessons focus on the teaching and learning of skills to **strengthen relationships** which build the students' positive perspectives of the value of families.

Theme 1: My New World
Lesson 4 I'm More Responsible Now!

I will contribute to the well-being of my family by being responsible for my actions and doing some things on my own.

Understanding My Feelings 4

Family Time

Family Chat Time!
Share what you have learnt in this lesson on 'Understanding My Feelings' with your parents/guardians. Show them the tips below.

My child did a good job!
Parent's / Guardian's signature

A Note to Parents/Guardians:

Tips for Building Your Child's/Ward's EMOTIONAL STRENGTHS

- 1 Take time to actively notice and name your child's/ward's emotions together.
- 2 Connect with your child/ward on an emotional level.
Eg. Make talking about their feelings a natural part of conversations.
- 3 Embrace all of your child's/ward's emotions (avoid being dismissive or disapproving).
- 4 Discuss how your child/ward can manage his/her negative emotions.
Eg. Practise the breathing or squeezing exercise.
- 5 Role model how you manage your emotions appropriately.
Eg. Calmly admit that you are upset and take a 10-minute time-out.
- 6 Encourage your child/ward to persevere through challenges even though there may be uncomfortable feelings.
- 7 Guide your child/ward to accept situations that he/she cannot change.
- 8 Have your child/ward share three things that he/she feels thankful about each day.

12 Understand and Care for Myself

16

What is Family Education?

Research shows that Family Education



Aims to strengthen family life

Helps to enrich and improve the quality of life

Enables students to develop into healthy young adults, work together in close relationships, and bring out the best in others.

Developing Active Citizenship

Values In Action (VIA)

Daily routines to build responsibility, appreciation activities and VIA projects to build care and empathy



National Education (NE)

Daily singing of the National Anthem and Pledge-taking, alongside celebrations and appreciation programmes, to build rootedness in Singapore.



Character and Citizenship Education

Let's prepare our children for the
test of life and not a life of tests.

Thank You

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